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RYAN GOSLING CLAIMS HE'S NO PICKUP ARTIST

{page 13}

'GREAT COACH... AN EVEN BETTER MAN' BOMBERS' RICHARD HARRIS DIES {page 18}

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Wednesday, July 27, 2011
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News worth sharing.

JAMES TURNER/METRO

▶ Charred rubble is all that remains of two garages and part of a Hector Avenue home after the latest fire in the area.

Rash of fires spreads fear

One dad in neighbourhood says he won't let kids sleep outside in a trailer alone

A recent rash of suspicious fires in Winnipeg's Earl Grey and Crescentwood areas have people on edge and calling for community or police cadet patrols as their worry grows over the possibility an arsonist is on the loose.

The latest blaze broke out early yesterday in the 800 block of Hector Avenue, destroying two garages and damaging three homes as the fire spread. Two cats and a dog died in the fire, but no people were injured.

Police said arson investigators are probing the fire, which lit up the street in orange at about 1:10 a.m., according to Kyle MacKenzie, who lost his garage.

"I woke up and all I could see is the orange glow," he said. He ran outside to a commotion and people yelling. He dialed 911 from his cellphone at 1:11 a.m.

Another garage was torched across the street just a few weeks ago. MacKenzie said he's hoping police are able to catch a culprit if it proves to be arson — as yet, police have not confirmed that any of the dozen or so recent fires in the area are linked.

"It's frustrating. I expect police to do something but they can only do so much. I don't know where to direct my frustration. Obviously, I'd like them to get the punk."
RESIDENT KYLE MACKENZIE

"It is very, very frightening," said Sharon, who lives on Ebby Avenue and didn't want her last name published. "I think everybody around here is freaking out.

"I hope to hell they catch him."

The situation turned political yesterday afternoon when provincial Liberal candidate Paul Hesse called for Winnipeg Police Service cadets to patrol the Earl Grey and Crescentwood areas.

"Residents in the area are losing their garages. They are also losing their sleep," Hesse said in a statement.

JAMES TURNER

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DESCRIPTIONS FOR 2012 PRIDE WINNIPEG FESTIVAL POSITIONS:

PARADE DIRECTOR
Distribute and follow up Float Registration packages. Communicate with city and provincial officials and acquire required permits. Educate float marshals parade marshals and coordinate parade line up. Oversee all aspects of parade day.

STREET PARTY DIRECTOR
Coordinate with local Area Biz organization to produce Pride Kick Off Street Party on the first Sunday of Pride Week, including beer tent and stage entertainment. Work with Grounds, Sponsorship, Beer Tent, Volunteer and other Directors to engage all aspects of the event. Communicate with city and provincial officials to ensure permits are in place and compliance with regulations.

VOLUNTEER DIRECTOR
Work with Pride committee to seek volunteer groups and individuals for a variety of events and projects throughout the year, in particular Pride Day. Top notch organizational and communication skills are a must. Coordinate Volunteer packages, orientations, Pride Day Volunteer Tent and assignments. Work closely with other Directors to ensure volunteer coverage of all required areas.

BEVERAGE TENT COORDINATOR
Work with Grounds Director at the Forks and Street Party Director to produce beverage tents at the two noted Pride Events. Apply for applicable city and provincial permits and ensure all regulations are followed. Coordinate with sponsors to utilize and promote products sold in the beverage tent. This position reports to the Grounds Director.

RAFFLE COORDINATOR
Ensure required regulations for Fundraising raffle are met. Produce Raffle books and create a distribution system ensuring secure financials. Work with committee to create prize line up. Work with Volunteer Director to ensure dependable raffle sellers. Set up system to report and record data received by the raffle. This position does not have to attend monthly meeting and will report to the Sponsorship Director.

DISTRIBUTION COORDINATOR
Distribute with a volunteer team, a full round of Pride Guides, posters and related handouts to all major city districts and appropriate locations, approximately four weeks prior to Pride Week. Continue checks of high traffic locations two weeks prior to Pride Week and replenish as needed. Distribute a final round, with a volunteer team, one week prior to Pride Week. Continue checks at major locations during Pride Week. Record locations and distribution numbers for efficient distribution patterns in future years. This position does not have to attend monthly meeting and reports to the Communications Director.

STAGE MANAGER
Work with performers contracted by Pride Winnipeg to ensure all booking, biographical, and stage requirements are established well in advance of Pride Day. Work with Hospitality Coordinator to ensure sound checks and performance times are met. Work with Pride Finance to ensure performer checks are prepared and distributed on Pride Day. Work with volunteer stage crew, AV contractor and Stage MC(s) to produce shows at the Kick Off Street Party and Pride Day. This position does not have to attend monthly meeting and will work with the performer booking committee member. Currently this is the Pride Chair.

TOURISM COORDINATOR
Work with all levels of government and private organizations relating to tourism and promotion of Pride Winnipeg Festival. Establish contacts with queer organizations and other Prides in Canada and the US to share the highlights of the city of Winnipeg and the queer community. Keep track of tourism in Winnipeg as a result of Pride for statistical reporting purposes. Work with Sponsorship Director to promote sponsors products and services and direct tourists to local supporting businesses.

WANT TO BE A PART OF PRIDEWINNIPEG'S 25TH ANNIVERSARY?

Join your Pride Winnipeg team for 2012!

SEND RESPONSES, RESUMES AND RELEVANT INFO TO:
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PRIDE WINNIPEG
PRIDE OF THE PRAIRIES

Around the world in 14 days

CRYSTAL LADERAS
WINNIPEG@METRONEWS.CA

The world's largest and longest-running multicultural festival kicks off this Sunday at The Forks, where 46 pavilions will offer visitors a sample of Folklorama's two-week showcase.

Along with the launch of the Folklorama app, a mobile ambassador and guide to every pavilion, the old festival is finding new ways for visitors to experience old traditions.

"We can always expect new things at all our 46 pavilions, said Mohamad Ismath, Folklorama president. "The entertainment changes, the food — you can tour the world in two weeks' time."

Culture at the CUBE continues after last year's popular performances at Old Market Square. The concert series brings international and local performers to the Exchange District for free lunch-hour shows.

Attendance at last year's festival was the highest in three years, drawing a crowd of almost 450,000. The VIP world-tour program offers a three-course meal, three pavilions and coach service. It nearly sold out in 2010.

"We hope to have a record year again," said Ismath. "Hopefully, (we will have) over 400,000 guests attending, and we are very optimistic we will do a great job."

New pavilions

- **Spirit of Ukraine.** Crafting paper dolls, eating borscht and cheesecake, gulping imported beer and premium vodka.
- **Brasil Carnival pavilion.** Capoeira, feathered carnival beauties and a late night party of drums, DJs and Brazilian dance.
- **Punjab pavilion.** Henna tattoos, bright dresses, chicken masala curry and naan bread, and a late-night party.

Where in the world are you going?

Two whole weeks of Folklorama kicks off this Sunday
Metro Winnipeg asked 'Peggers: What pavilion are you planning to visit and why?

METRO

CRYSTAL LADERAS/FOR METRO

Jessie Townsend, 27, Transcona
"I have to go to the Filipino pavilion. The food! Gotta get my pancit and lumpia."

CRYSTAL LADERAS/FOR METRO

Elias Kitsa, 18, East Kildonan
"I might be performing this year but I'd love to watch the Colombian pavilion in between my shows. I'm not really familiar with their culture, so I'd love to check it out."

CRYSTAL LADERAS/FOR METRO

Tess Gerra, 40, Northwest
"I think I would check out the Brazilian pavilion ... People are talking about it. There's costumes and dancing that's quite interesting."

CRYSTAL LADERAS/FOR METRO

Jay McDonald, 47, Transcona
"I'd probably go to the Irish and the Carribbean (pavilions). The Caribbean's always great food and tons of fun; the Irish because I'm Irish. There's always booze there."

Your votes for best ice cream shop

Nucci's Gelati
643 Corydon
"Luscious, fresh-tasting gelati. Flavours range from classic chocolate to more offbeat flavours like chestnut, watermelon and lemon. Very satisfying and absolutely mouthwatering!" — *Adrienne Yeung*

Bridge Drive-In
766 Jubilee
"The ice cream is so good and creamy! They have so many flavours to choose from, you can always get something different. It's always worth the wait." — *Darcie Lemieux*

Leo's Gelato
Tache & Provencher
"Their lemon or coconut gelato (flavours) are amazing!" — *Dawn Laver*

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1 news

Ultra-low-calorie foods aim to keep dieters in touch with their inner glutton. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Should investors rely more on news of international debt woes or strong corporate earnings? Allan Small has more at metronews.ca/investing

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JAMES TURNER/METRO

▶ The backyards of a number of Quail Ridge Road homes are directly across Brady Road — across from the future location of the trucking depot.

Trucking depot 'not in a safe place'

Petition, residents at Macdonald meeting fail to sway RM 150 trucks a day could be using nearby road

JAMES TURNER
@METRONEWS.CA

Plans to bring a trucking company's warehouse and office to the edge of Whyte Ridge has irked some area residents who say a constant convoy of large semi-trucks will hamper safety and add unwanted air, light and noise pollution.

The RM of Macdonald is poised to sign a development agreement with Vitran Express Canada Inc. to construct the facility on roughly eight acres of land just south of McGillivray Avenue at Brady Road — right across from about 40 Whyte Ridge homes.

"It's not in a safe place," said Bonnie Hildebrand, a Quail Ridge Road resident who says her main concern is that the two-lane Brady Road will be used by trucks. She is not opposed to development, she said.

However, the mother of three said the project should wait until the province upgrades McGillivray so the semis can access the site without using Brady — and avoid making potentially dangerous turns onto McGillivray.

"I don't feel they listened to us at all ... When we did show up at the meeting and expressed our concerns, (the plans) were given the rubber-stamp anyways, regardless of what we thought or said," said Hildebrand.

The RM's chief elected official, however, disputes that.

"No one's going to be happy about everything — that's the way things seem to happen sometimes," said Reeve Rodney Burns.

The development agreement will attempt to allay people's fears and work to provide a tree-lined "buffer zone" between the site and the neighbourhood, he said.

The City of Winnipeg has raised no objection to the use of the road as a truck route, despite it not officially being one, Burns said.

Vitran did not return a call from a reporter.

CRIME

Cops Taser man who attacked rescuer

Winnipeg Police said they had to Taser a man after he tried to beat another man with a hammer for coming to a woman's aid. The incident happened shortly after midnight yesterday near Sargent Avenue and Langside Street. Police say a 20-year-old man tried to rob a woman of her purse when a 36-year-old man passing by intervened. The 20-year-old then allegedly grabbed a hammer out of his bag and tried to attack the man. Police at the scene had to Taser the younger man. The older man was uninjured.

Ivan James Mitchell Catcheway, 20, was taken to hospital in stable condition, where he then assaulted a police officer, who sustained minor injuries. He was charged with attempted robbery and assaulting a police officer. ELISHA DACEY

Christmas comes early this year

If you did a double-take walking past Albert Street in the Exchange District yesterday, you weren't the only one who looked twice. Crews were busy putting up wreaths, trees and other decorations to make the street look like December, rather than steamy-hot July. The purpose behind the bedecking was a movie shoot, according to crew members. METRO

Channel to bring water levels down

- Eight-kilometre-long passage will divert flood waters
- Province to look at building second waterway

Manitoba is constructing a $100-million emergency channel to drain water from Lake Manitoba by the fall, Premier Greg Selinger said yesterday.

Two engineering firms recommended the channel to divert flood water from the lake through Lake St. Martin and into Lake Winnipeg. Once that project is complete, the province will look at building a second waterway to further ease pressure on the lake at a cost of $60 million, Selinger said.

The two channels together would bring the lake down almost a metre, Selinger said.

Manitoba wants Ottawa to cover 90 per cent of the cost under disaster assistance. The province hasn't received assurances from the federal government that it will pick up the tab, but Selinger said doing nothing is not an option.

"If no action is taken now, hundreds of properties around both lakes will be threatened by flood waters for an extended period," he said. "This would extend evacuations and leave homes, cottages and businesses vulnerable well into next year and possibly beyond.

"It's a risk we do not think we should take, we are not willing to take."

For weeks this spring and into the summer, the province struggled to contain the swollen Assiniboine River by operating the Portage Diversion — a channel that funnels water from the river into Lake Manitoba — well over its design capacity.

That pushed water levels up on Lake Manitoba, which cut off roads and caused considerable damage when spring storms whipped up waves that slammed into homes and cottages. THE CANADIAN PRESS

Picture. Perfect

▶ A crew from the West End BIZ, along with a local resident, work to restore a mural on the corner of Home Street and Sargent Avenue that was vandalized sometime on Monday.

THE WEST END BIZ

Crew gets tough on tagging

Vandals threw what looked like a bucket of red paint over the mural. It was restored by the end of the day yesterday.

Feds nab another war criminal

Another suspected war criminal listed on a federal government web site has been arrested by police.

Manuel De La Torre Herrera was arrested yesterday in the Toronto area.

Herrera is the third suspected war criminal caught since last week, when the federal government launched a web site featuring 30 of the most wanted suspects.

Manitoba MP and Federal Public Safety Minister Vic Toews says the public response to the web site has been tremendous and tips have been flowing in, although he could not provide figures.

The Canadian Border Services Agency says Herrera was part of a brutal government regime in Peru, and was denied a refugee claim several years ago.

The agency says Herrera went underground and was only found this week. THE CANADIAN PRESS

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War-crime site a hit: Minister

Federal Public Safety Minister Vic Toews says a new website with suspected war criminals in Canada might be expanded to cover domestic crimes committed by foreigners.

He made the comment after announcing that for the third time in less than a week, a suspected war criminal on the website has been arrested.

Manuel De La Torre Herrera, 58, was taken into custody in the Toronto area yesterday. A border services official said he had been hiding since 2004, when he was denied refugee status and ordered deported for his alleged involvement in human rights abuses committed by the Peruvian government.

De La Torre Herrera is one of 30 suspected war criminals featured on the federal website launched last Thursday.

THE CANADIAN PRESS

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Clothing. Drive

▶ Models for Moores Clothing for Men wave to traffic downtown yesterday. Its second annual Canadian Suit Drive starts Wednesday through August.

CRYSTAL LADERAS/METRO

Shirts off for charity!

Moores Clothing for Men sent scantily-clad male models out onto the streets of major cities across Canada yesterday to help raise awareness about their charity clothing drive. The clothing company is giving customers who donate clothes 50 per cent off on a new suit.

Quebec reels from Layton's sick leave

- **NDP won 59 of province's 75 seats in election**
- **Layton's leadership played key role in Quebecers' support**

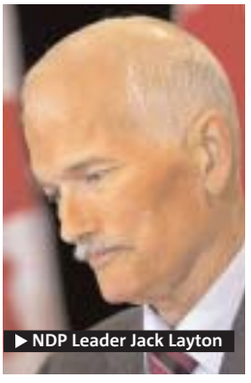
Quebecers are expressing sadness and shock at the news that Jack Layton is taking a sick leave less than three months after his historic electoral triumph in the province.

Major newspapers, politicians of different stripes and regular citizens offered words of encouragement yesterday to the NDP leader in his battle against cancer.

In the recent federal election, Quebec voters nearly wiped the Bloc Quebecois off the map - and were so keen to support Layton's party that, in some cases, they elected people who had never even seen their riding. A common refrain heard in Quebec after the election was, "I voted for Jack."

But one central Quebec businessman, Jean-Guy Otis, said he still had no regrets about voting NDP. He said the party is bigger than just one man.

THE CANADIAN PRESS



▶ NDP Leader Jack Layton

"I don't believe that one leader, that one person can be the NDP," said Otis, who co-owns a beauty salon on the main strip in the town of Louiseville. "It's an ensemble of individuals and there are very good individuals who are part of it."

But one Bloc incumbent defeated in the federal election shared an anecdote to illustrate the role Layton's personal popularity played in the NDP breakthrough.

Marc Lemay, the former Bloc MP for Abitibi-Temiscamingue, said his election observers reported that, on May 2, at least three voters left voting centres without casting a ballot. They apparently refused to vote because they didn't see Layton's name listed among the local candidates.

Lemay argued that the NDP owed its success to Layton's persona.

Layton also received words of support from Montreal newspapers.

However, one columnist in the local tabloid Le Journal de Montreal wondered whether Quebec voters might now feel like orphans after blindly supporting Layton without knowing the rest of his party.

THE CANADIAN PRESS

Agency seeks missing files

Colon cancer screening tests for almost 6,500 Ontario patients have been lost in the mail and the provincial health agency who sent them to doctors' offices says several thousand more could also be missing.

Cancer Care Ontario said Tuesday that 15 reports containing colon cancer screening details mailed in February and March were never delivered. It used Canada Post's Xpresspost courier service to mail patients' names, health card numbers and test results.

"We apologize for this loss. We regret this loss," said Pamela Spencer, the agency's chief privacy officer. The agency is also trying to figure out if 11 more report packages, with results for another 5,440 people, were delivered as intended.

The incident is being investigated for a possible privacy breach.

THE CANADIAN PRESS

Driver in rampage faces 11 charges

A 44-year-old B.C. man is facing criminal charges after allegedly running down two women last night in North Vancouver.

RCMP say a driver in a blue Mustang drove his vehicle into a woman, who launched over the hood of the car.

He then fled and backed into another woman, pinning her against a signpost. Police said both victims suffered non-life threatening injuries.

PHYLICIA TORREVILLAS/METRO

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Somalia's famine victims fight for life

United Nations estimates 11 million people in East Africa affected by drought 3.7 million in Somalia among worst hit because of country's ongoing civil war

Seven-month-old Mihag Gedi Farah is the frail face of Somalia's famine. He stares out wide-eyed almost in alarm, his skin pulled taut over his ribs and twig-like arms.

At only 3.2 kilograms (seven pounds), he weighs as much as a newborn but has the weathered look of an elderly man.

Mihag is just one of 800,000 children who officials warn could die across Africa. Aid workers are rushing to bring help to dangerous and previously unreached regions of drought-ravaged Somalia.

Famine victims like Mihag bring new urgency to their efforts, raising concerns about how many hungry children still remain in Somalia, far away from doctors in the field hospital at this Kenyan refugee camp.

AP PHOTO/SCHALK VAN ZUYDAM

▶ Mihag Gedi Farah

Somalia's prolonged drought became a famine in part because neither the Somali government nor many aid agencies can fully operate in areas controlled by al-Qaida-linked militants, and the UN is set to declare all of southern Somalia a famine zone as of Aug. 1.

Aid organizations including the UN World Food Program have not been able to access areas under the control of the al-Shabab militants, who have killed humanitarian workers and banned the WFP.

The UN has said it will airlift emergency rations later this week to try to reach at least 175,000 Somalis. **THE ASSOCIATED PRESS**

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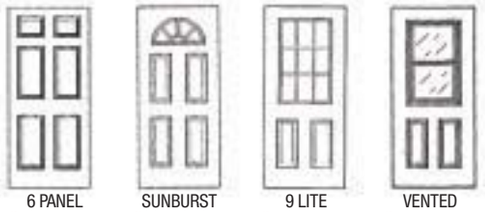

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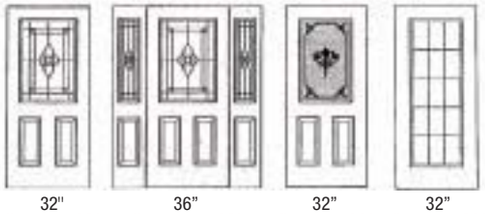

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WINNIPEG - MANITOBA
The downturn in the economy has affected most people and their ability to get a car and automotive credit. Credit agencies have become very critical with credit scores and many lenders have significantly changed the criteria for someone to qualify for an auto loan. Many car shoppers today are being turned down because of their credit history. Credit Amnesty 2011 has signed an agreement with a CREDIT TO ANYONE REGARDLESS OF CREDIT SCORE. Every and any past credit problem will be accepted and approved regardless of bankruptcy, divorce, tax liens, judgements, vehicle repossessions and charge offs.

Bank Authorized Processors On Site for Instant Approvals
The management and finance staff of Credit Amnesty 2011 were flown to Toronto and trained to be lending representatives for a national leader who has been lending to credit challenged consumers in an effort to give consumers the opportunity to re-establish their credit one payment at a time. Credit Amnesty 2011 will now deliver credit approvals to every consumer they enter into the patented Credit Approval Processing System within 60 seconds.
Doug MacIver, General Manager at Credit Amnesty 2011 proudly says, "we provide opportunity where others can't."

Life Changing Program
Without our product, consumers are often unable to purchase a vehicle or they purchase an unreliable one and are not provided the opportunity to improve their credit standing. As we report to all major financial national credit reporting agencies, a significant number of our customers improve their lives by improving their credit score and move on to more traditional sources of financing.
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From what we were told in Toronto, business starts coming in from referrals, from our own customers who find out this program is for real. They usually tell all their family and friends about it. "This is a once in a lifetime opportunity for someone to come in to us and drive home a nice car and rebuild their credit," adds Doug.
Our staff has even told their families and friends to come down and we've notified some local companies and their employees to come down as well to take advantage of these great opportunities to rebuild your credit.
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News in brief

Bomb rocks UN convoy

BEIRUT. A roadside bomb blew up next to a United Nations convoy carrying French peacekeepers in south Lebanon yesterday, wounding five. The bomb went off near Sidon.
THE ASSOCIATED PRESS

Three survive plane crash

RABAT, Morocco. Seventy-eight people were killed — and three survived — when a C-130 military plane crashed into a Moroccan mountain in bad weather yesterday. The crash happened near the disputed Western Sahara.
THE ASSOCIATED PRESS

Gander gets grim memento

ST. JOHN'S, N.L. A New York fire department is donating a piece of the World Trade Center to Gander, N.L., for its help after the 9-11 terrorist attacks. Gander was the closest airport for 38 jetliners forced to land on Sept. 11, 2001.
THE CANADIAN PRESS

Gadhafi faces a food crisis

TRIPOLI, Libya. The area of Libya controlled by Moammar Gadhafi is wracked by shortages of fuel, food and cash, says the United Nations. Rebels hold eastern Libya and pockets in the west. Gadhafi clings to the rest.
THE ASSOCIATED PRESS

Grieving dad recalls last words of his 'teddy bear'

- 'Someone is shooting,' Norway massacre victim said in final phone call
- Gunman regards himself as 'some kind of saviour,' his lawyer says

The father of one of the Norway massacre victims said his son's last words were "Dad, someone is shooting."

Gunnar Linaker's father said Gunnar was "a calm, big teddy bear with lots of humour and lots of love."

His voice weak and trembling, Roald Linaker said he had been on the phone with his 23-year-old son when the shooting started.

"He said to me: 'Dad, dad, someone is shooting,' and then he hung up."

That was the last he heard from his son. Gunnar was wounded and was taken to a nearby hospital, where he died Saturday.

His 17-year-old sister also was at the camp but survived, Roald Linaker said.

Yesterday, the newspaper Dagbladet posted the names of victims.

Three of the victims did not appear to be ethnic Norwegians — examples of the multi-ethnic Norway that gunman Anders Behring Breivik says he despised.

The Friday attacks began with a bombing outside the building that houses the prime minister's office in Oslo. Eight were killed.

Then, Breivik opened fire on an island retreat for the youth wing of the Labor Party, leaving dozens dead and hundreds of terrified young people scrambling to escape, many trying to swim away.

Though Breivik has been charged with acts of terrorism, lawyer Geir Lippestad said he could also be charged with crimes against humanity.

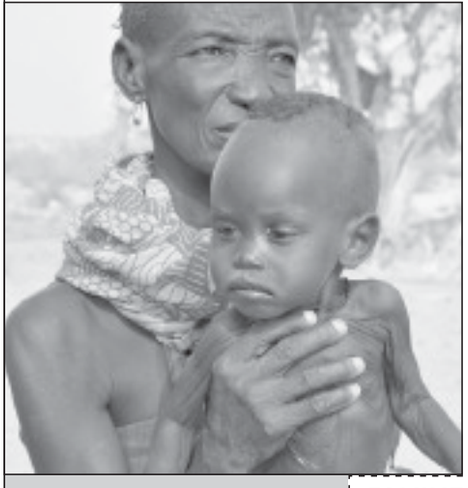
Although the stiffest sentence in Norway is 21 years, the lawyer said his client would never be set free.
THE ASSOCIATED PRESS

Is he insane?

- Anders Behring Breivik, the 32-year-old who has confessed to the massacre, is likely insane, says his lawyer.
- He is unaware of the impact of the attacks and asked his defence counsel how many people he had killed, lawyer Geir Lippestad said yesterday.
- Lippestad said Breivik took drugs to "to be strong, to be efficient, to keep him awake" during the 90-minute attack.

URGENT: Famine in the Horn of Africa

World Vision



Millions face starvation. Canadian government will match your donation to help children and families.

Deadly hunger is sweeping through Somalia, where the United Nations has declared a famine. Children are dying as it spreads into Kenya and Ethiopia.

Thousands of desperate people are coming to World Vision. Many, critically malnourished themselves, beg for food for their emaciated children. For many, death is only days or hours away.

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The Canadian government will make an equivalent contribution from its East Africa Drought Fund. Your gift of $50 will provide $100 of life-saving food for desperate children and families. $100 provides $200 of food. Please respond now.

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1 World Drive, Mississauga, Ontario L5T 2Y4
You can donate online at WorldVision.ca/help

Donate now by calling 1 800-268-1650 or go online at WorldVision.ca/help

EMILIO MORENATTI/THE ASSOCIATED PRESS

▶ The brutal assault has stunned peaceful, liberal Norway — but also brought its citizens together. Yesterday, a wall in Oslo was decorated with flowers in memory of the massacre victims and on Monday thousands laid roses feet deep in streets.

'Keystone Kops' face criticism

When Anders Behring Breivik launched his assault on campers on Norway's Utoya Island, he expected special forces to swoop and stop him fast.

But he was given time to kill.

Officers of Oslo's Delta Force had to drive — because police don't own a transport helicopter.

Then they were rescued by a civilian boat when their own broke down as it tried to navigate a one-minute hop to the island.

It took police more than 90 minutes to reach the gunman, who had mortally wounded 68 people.

International experts said Norway's government and security forces must learn stark lessons from the killings — made worse by lackadaisical planning for terror.

Andrew Silke, director of terrorism studies at the University of East London, called the police response "a bit Keystone Kops."

THE ASSOCIATED PRESS

'We're human'

- Police spokesperson Johan Fredriksen, above, rebuffed journalists' questions yesterday about the planning and equipment failures that gave Breivik untold extra minutes to kill.
- Fredriksen called the criticisms "unworthy."
- "We can take a lot, we're professional, but we are also human beings," Fredriksen said.

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McD's gets appy and healthy

U.S. Happy Meal customers can already choose apples instead of fries But only about 11 per cent do

McDonald's Corp. is adding apples to all its Happy Meals and launching a nutrition-focused mobile-phone app as part of a broader health push.

The changes underscore how the restaurant industry is reacting to the demands of customers and regulators who blame it for health ills ranging from childhood obesity to diabetes.

Among other changes in McDonald's new program:

• A pledge to reduce sugars, saturated fats and calories through "varied portion sizes, reformulations and innovations" by 2020. By 2015, the fast food chain will reduce sodium by 15 per cent.

• McDonald's will introduce a new mobile app focused just on nutrition information.

• McDonald's USA president Jan Fields and other executives will go on a "listening tour" in August to hear suggestions from parents and nutrition experts. The chain will also launch a new online forum for parents.

McDonald's says the new directives are "absolutely not" related to impending regulations that will force the industry to curb the marketing of junk food to children and post nutrition information on menus.

Rather, the changes are a response to what customers were asking for, said Cindy Goody, McDonald's senior director of nutrition.

THE ASSOCIATED PRESS

KEITH SRAKOCIC/THE ASSOCIATED PRESS

▶ A McDonald's Cheeseburger Happy Meal with the new apple-slices option is shown yesterday in Pittsburgh.

Economic woes anger Israelis

Thousands of young protesters have set up sprawling tent camps in Israeli cities, forcing Prime Minister Benjamin Netanyahu yesterday to introduce economic reforms to address a swell of discontent over high housing costs and stave off the worst domestic crisis of his two years in power.

Netanyahu's reforms, meant to bring down steep housing prices, appeared unlikely to end the crisis, which already has forced him to cancel a high-profile visit to Poland and sent his approval ratings plummeting. THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
- 135.39 (13,300.56)	+ 0.34¢ (106.07 ¢US)	+ 0.39¢ US ($99.59 US)	$4.331 (-2.4¢)	$1,616.80 (+ $4.60)

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Cheaper cell plans hurting Rogers

Rogers Communications Inc. faced tougher cellphone competition from players big and small alike as the country's largest wireless carrier saw its second-quarter profit drop by nine per cent.

"We're selling and competing in an increasingly competitive market," Rob Bruce, president of Rogers' wireless division, said yesterday.

Rogers said it was hit on a number of fronts in the cellphone market after reporting its net income slipped to $410 million, or 75 cents a share, down from $452 million or 77 cents a share a year ago.

"We delivered the results today against a backdrop of fairly intense competition with our incumbent friends Bell and Telus, particularly in the business space with aggressive pricing and promotions," Bruce told reporters on a conference call.

THE CANADIAN PRESS

Walmart.com now streams flicks

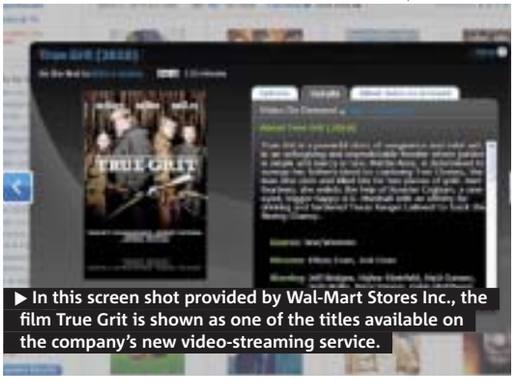
The world's largest retailer yesterday started streaming many movies the same day they come out on DVD, in a second bid for a share of popular movie rental and streaming website Netflix Inc.'s business and just two weeks after Netflix announced new price increases.

Wal-Mart Stores Inc. bought video-streaming service Vudu.com 18 months ago and now offers 20,000 titles that can be viewed on almost any device with Internet access, from computers to televisions to Sony's PlayStation3 and other Blu-ray disc players.

Movies are available at Walmart.com to rent for $1 to $5.99 or to purchase for $4.99 and up. Wal-Mart is not offering subscriptions, making its service more similar to Apple Inc.'s iTunes, which charges $3.99 to rent newly released movies and $14.99 to buy a movie.

THE ASSOCIATED PRESS

WAL-MART STORES INC./THE ASSOCIATED PRESS



▶ In this screen shot provided by Wal-Mart Stores Inc., the film True Grit is shown as one of the titles available on the company's new video-streaming service.

NOT EVERY DOG HAS A DAY LIKE THIS

JUST SAYIN' ...

PAUL SULLIVAN
METRO

Alexander McQueen had it all.

The English fashion designer rose from the obligatory humble beginnings in London's East End. He was the son of a taxi driver and a school drop-out at 16.

By the time he was 40, he was one of the world's leading fashion designers. Kate Middleton's wedding dress, currently the target of pilgrimages to Buckingham Palace where it's on display, is the work of an Alexander McQueen designer.

None of this was able to soothe the beast of depression, and last February, just days after his mother died, Alexander McQueen hanged himself in what the English call a wardrobe … a closet.

Now comes the task of dividing his 16-million-pound fortune and eyebrows are heightened on both sides of the pond with the news that 50 thousand pounds of it are going to the dogs.

"Three dogs, in fact: Juice, Minter and Callum, the world's luckiest English bull terriers. Fifty thousand pounds will buy a lot of kibble and flea baths, not to mention squeaky toys."

Three dogs, in fact: Juice, Minter and Callum, the world's luckiest English bull terriers.

Fifty thousand pounds will buy a lot of kibble and flea baths, not to mention squeaky toys.

Fifty thousand pounds is the same amount he left his housekeepers — one of whom discovered his body — his godson and each of his nieces and nephews.

To prove that blood is a bit thicker than slobber, he also left 250 thousand to each of his three sisters and two brothers.

But he wasn't done with the dogs — he left 100,000 pounds each to the Battersea Dogs and Cats Home and the Blue Cross animal-welfare charity.

Every dog has his day, but it's not every day the dogs inherit the treasure.

The CEO of the Blue Cross charity is "thrilled." Hard to tell what the dogs think, but tails are wagging all around.

We could put this down to Englishmen and their mad dogs, but it's hardly the dogs that are mad. Juice, Minter and Callum would be perfectly happy with three squares, shelter from the storm and a nice curb, but people like to anthropomorphize their pets, smother them in love and luxury and hope they get a nice greeting at the door in return.

I suspect that whatever Juice, Minter and Callum could have given their master it would have been infinitely less complicated and conditional than the web of relationships that defined his social circle. So I'm sure they're full value for their 50K.

Still, if there's anyone out there who feels compelled to follow Alexander McQueen's lead, rest assured that for $77,000 Canadian I'll take care of your pooches like they wuz kings. The line forms here.

Read more of Paul Sullivan's columns at metronews.ca/justsaying

Register at metropolitanpanel.ca and take the quick poll

Would you out a cheater online?

Local tweets

- **@candz:** Sitting beside a brit,indian & 2 korean girls who barely speaks english.Hearing them talking makes me smile.I love #Winnipeg diversity!
- **@FirstWorldLife:** My ironic Winnipeg Jets jersey is no longer Ironic :(#FirstWorldProblems
- **@oepkes:** Remind me never to get fillings before going to a job interview.
- **@DetroitRedWings:** Draper: I would like to thank Bryan Murray and Doug MacLean for making that hopping trade with Winnipeg to acquire me for a dollar.
- **@bcrainwrites:** Maybe it's the thunder, maybe it's the steroids in my lungs, maybe it's the coffee or maybe it was my recent trip to Winnipeg,but I'm pumped
- **@LyndsayTWN:** It's not just Toronto that's dry. #Winnipeg has only had 9 mm of rain this month. Driest July ever was 2006 (10.5 mm). Thx @WeatherInThePeg
- **@NiaVardalos:** Got Pancake House, Eva's Gelato to fix yesterday. Where today? #eatingthruWinnipeg

Letters

RE: Expert shocked at lack of focus in crime fight, published July 25

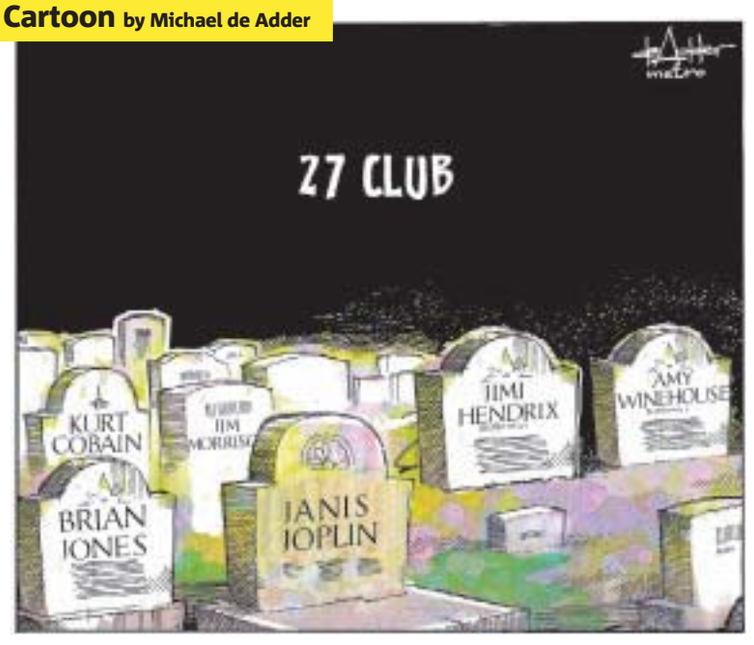
I can't believe what an expert, Rick Linden, is spewing regarding how to reduce crime levels in Winnipeg. He suggests we form a "responsibility centre." We already have one — it's called the Winnipeg Police Service. He suggests we get a "city crime czar with a crime-reduction mandate." We already have one — he's called the chief of police. Mr. Linden says we're not taking a long-term perspective, putting somebody in charge and providing enough money to make a dent in the crime situation. It sounds like he thinks Chief McCaskill cannot or is not doing his job. The taxpayers of Winnipeg pay tens of millions of dollars every year for over 1,300 men and women to make a dent in the crime rates in Winnipeg.

We have a mayor, city manager and police chief.

What we need is to ensure that the people we pay to do those jobs actually do them and are held accountable for the results they do or do not achieve.

JOHN MALYNA
WINNIPEG

Cartoon by Michael de Adder



WEIRD NEWS

Attack of the kangaroo ends with pepper spray

A 94-year-old woman struck an attacking kangaroo with a broom and managed to crawl to safety in her house in the Australian Outback before police subdued it with pepper spray.

Phyllis Johnson said the kangaroo attacked her while she was hanging her laundry in her yard Sunday in the Queensland state town of Charleville.

"I thought it was going to kill me," Johnson told The Courier Mail from a hospital bed. "It just plowed through the clothes on the washing line straight for me."

She said the kangaroo knocked her down and kicked her prone body. Johnson said she managed to get to her feet and grab the broom to hit it.

"She fought it off herself with a bit of help from the family dog," her son, Rob Johnson, said, adding the kangaroo had "a bit of a go" at him when he came home, then he called police.

Senior Sgt. Stephen Perkins said the first officer to reach the backyard was forced to spray the kangaroo to avoid being injured.

Wildlife rangers trapped the kangaroo. It will be examined by a vet before a decision is made about its future, a government official said.

THE ASSOCIATED PRESS

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HANDOUT

▶ Ryan Gosling gets put out of his element in his new movie Crazy, Stupid, Love.

A man of few words

Soft-spoken and reserved, Ryan Gosling struggles with living in the spotlight ◐ Crazy, Stupid, Love star tells Metro how he gets past his fear

HEIDI PATALANO
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

In an interviewing style that references De Niro's tight-lipped one-word answers or Bob Dylan's absurd responses, it's never easy to pin down Ryan Gosling. But while he promoted his latest film, the romantic comedy Crazy, Stupid, Love, the Notebook star was forced to talk about himself and, unfortunately for him, dating.

So much has been said about casting you in a comedic role. Do think you're funny?
Yes. I'm just trying to convince you of that.
That's it? Just yes?
Uhh ... you want more? It's not good enough. I guess I'm not funny. I'll work on it. I don't know how to answer that.
This project shows off your improv skills. Are there any projects you're interested in that would allow you to do more of that?
No. I don't want to improv. They make me because they get bored. They're like, be funnier. Make something up. Entertain us. Dance, monkey.
Would you host Saturday Night Live?
I'm too scared. It took me a lot to get up the guts to do this.
What was scary about doing Crazy, Stupid, Love?
I'd never done a comedy before so that was scary. I did it because I love Steve Carrell. I think he's the best. When I first moved to Los Angeles, I did a pilot and I was 17. I had a small part and so did Steve. He was so funny that I would go to the set to watch him work.
Your character in the film, Jacob, is really good at picking up ladies. Can you relate to him at all?
Not really. I don't know if anyone can. He's kind of like Bugs Bunny. I relate more to Steve's character. It was hard to play Jacob.
So then are you shy around women?
I don't know how to answer that. They come up to me and then they're disappointed that I'm not Ryan Reynolds.

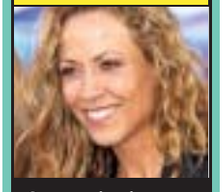
Photoshopped

In Crazy, Stupid, Love, co-star Emma Stone's character says Ryan Gosling's stomach looks like it's been photoshopped since it's so ripped. Gosling shares with us how he got in shape for the role.

▶ **Quote:** "James Cameron invented this program called the 'Abbatar' where I just wear this motion capture suit and I've got muscles. So yeah, that's all. It was really easy."

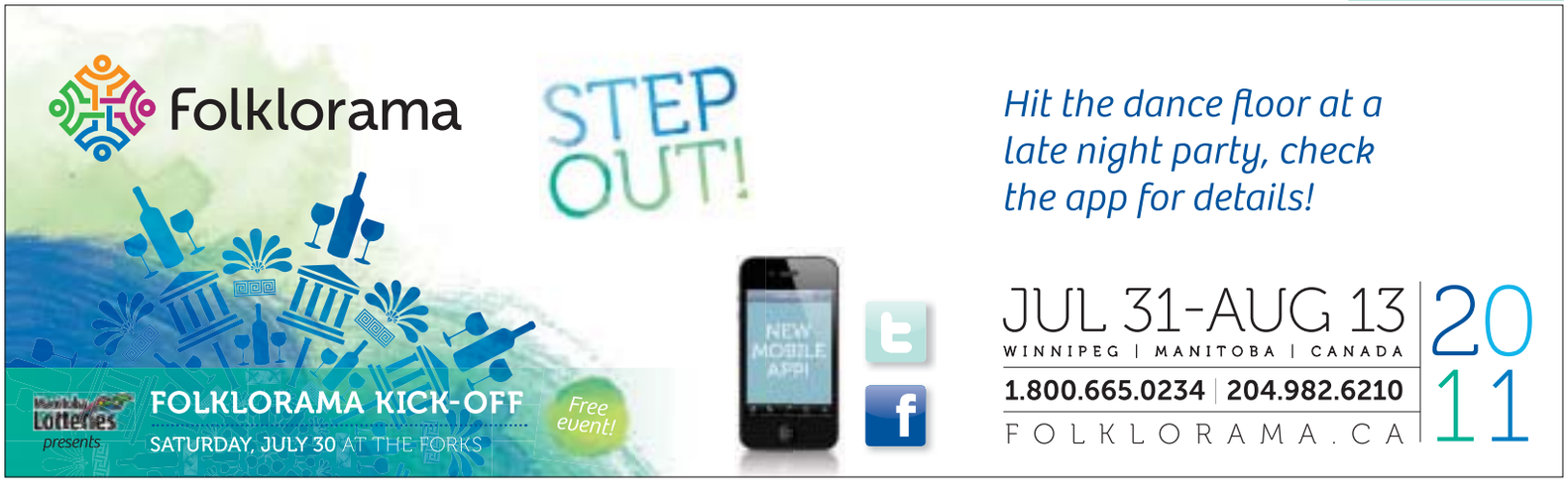
2 scene

Crow



Some winning bidder will soon be cruising life's winding road in Sheryl Crow's 1959 Mercedes-Benz 190SL Roadster. Crow is auctioning off the classic car next month with the proceeds going to help rebuild the tornado-ravaged city of Joplin.
THE ASSOCIATED PRESS

With gay marriage legal in New York, actress Heather Matarazzo to wed longtime girlfriend



Laying Amy to rest

- **Autopsy fails to determine cause of Winehouse's death**
- **Police waiting on toxicology tests, results in 2-4 weeks**

JOEL RYAN/THE ASSOCIATED PRESS

▶ Kelly Osbourne arrives at Golders Green Crematorium for the funeral ceremony of British singer Amy Winehouse, north London, yesterday.

Friends and family were saying goodbye to Amy Winehouse yesterday at a private funeral ceremony in London.

Producer Mark Ronson and media personality Kelly Osbourne — her hair piled beehive-high in an echo of the singer's trademark style — were among mourners arriving for the service at Edgwarebury Cemetery in north London.

The service was expected to be followed by cremation and a family gathering at a local synagogue.

The soul diva, who had battled alcohol and drug addiction, was found dead Saturday at her London home. She was 27.

On Monday the singer's father, mother and brother visited the house where she died, thanking mourners who had left flowers.

"Her whole life was devoted to her family and her friends and to you guys as well," father Mitch Winehouse said to fans.

Winehouse released only two albums in her short career — winning five Grammy awards for the second, Back to Black — and often made headlines because of drug and alcohol abuse, eating disorders, destructive relationships and abortive performances.

"Amy was about one thing and that was love." FATHER MITCH WINEHOUSE

Since her death, her records have re-entered album charts around the world, and tributes have poured in from fans and fellow musicians.

George Michael called her "the most soulful vocalist this country has ever seen," and soul singer Adele said she "paved the way for artists like me and made people excited about British music again."

THE ASSOCIATED PRESS

Amy's ex reacts

Despite their messy split in 2009, Blake Fielder-Civil is "devastated and shattered" by the news of ex-wife Amy Winehouse's death, his current girlfriend, Sarah Aspin, tells the Sun.

- "I will never ever again feel the love I felt for her," Fielder-Civil reportedly told Aspin. "Everybody who knew me and knew Amy knew the depth of our love. I can't believe she's dead."
- Staff at the jail where Fielder-Civil is currently serving out a three-year sentence for burglary and firearm possession have been instructed to keep a closer eye on him. "He just can't take it in that she's dead and he'll never see her again," Aspin says.

GETTY IMAGES

▶ Winehouse and Blake Fielder-Civil in 2007

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Hitting the slopes in summer

Vancouver Island resort courts mountain bikers New trail, courses cater to beginners to help them get a piece of the action

THE CANADIAN PRESS

Mountain bikes are transported on a chair lift to the top of Mount Washington.

THE CANADIAN PRESS

Cyclists pose at the top of Mount Washington.

For Manus, a 41-year-old mountain-bike rider, it's all about the adrenaline rush when he's tackling the downhill trails of Vancouver Island's Mount Washington.

Time slows, and Manus, who uses no last name, grows focused on the ever-changing landscape.

"Your environment is whipping by you at such hyper speed that you're just reacting to your environment," he said. "The adrenaline rush is out of this world."

Mount Washington hopes visitors, especially novice and beginner mountain bikers, want a piece of that action, too.

After all, whether it's winter or summer, Mount Washington is in the business of selling adrenaline. In a move to improve its summertime bottom line, the resort has added a beginners trail and lessons to its intermediate and expert mountain-bike attractions.

The mountain, which towers over the Comox Valley on the east coast of Vancouver Island, about an hour's drive north of the city of Nanaimo, is not alone. Around B.C., in places like Whistler and Sun Peaks, near Kamloops, ski resorts are selling downhill mountain-bike thrills to tourists.

Brent Curtain, director of public relations for Mount Washington Alpine Resort, said while hundreds of thousands of people visit his resort to ski and snowboard during the winter months, only "thousands" of people patronize it during summer.

So the resort has opened its Green Line mountain-bike run, a 2.2 kilometre novice trail that's serviced by a high-speed chair lift. The trail takes riders down the mountain's western flank.

The Green Line joins a list of 15 other runs, boasting intimidating names like Monster Mile, Back in Black, Helter Skelter and the Evil Eye, and not-so-intimidating names like Quick N Dirty, Big Brother and Time Warp.

Riders can now tackle 37 kilometres of trails.

Instead of adding even more runs to its existing network of trails this year, the resort decided to open the Green Line and upgrade its existing runs, said Curtain.

It's also offering a learn-to-ride week between July 25 and July 29, in addition to events like the B.C. Provincial Cup Championships Aug. 13-14 and the female-only See Jane Jump competition, Aug. 20-21.

There's even a food and wine festival Aug. 26-27.

Jeremy Grasby, owner of the Riding Fool, a nearby hostel that's geared toward mountain bikers, said the beginners trail and lessons are a must for the mountain.

He said while the resort has had a great reputation with intermediate and advanced riders, it has fallen short with beginners.

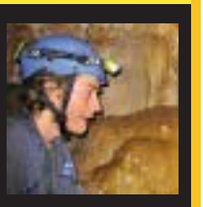
THE CANADIAN PRESS

If you go

- **How to get there:** Mount Washington overlooks the Comox Valley, on Vancouver Island's east coast. It is accessible by car, bus, air and ferry.
- The bike park is open between 11 a.m. and 7:30 p.m. daily between July 15 and Sept. 5. The resort also provides rental bikes.
- For more information: mountwashington.ca

3 life

Cave tours



About 10,000 visitors to Horne Lake Caves Provincial Park take guided underground tours each year — but many others are too nervous to do so. An interpretive centre opening Aug. 9 will allow those nervous visitors to experience the site.

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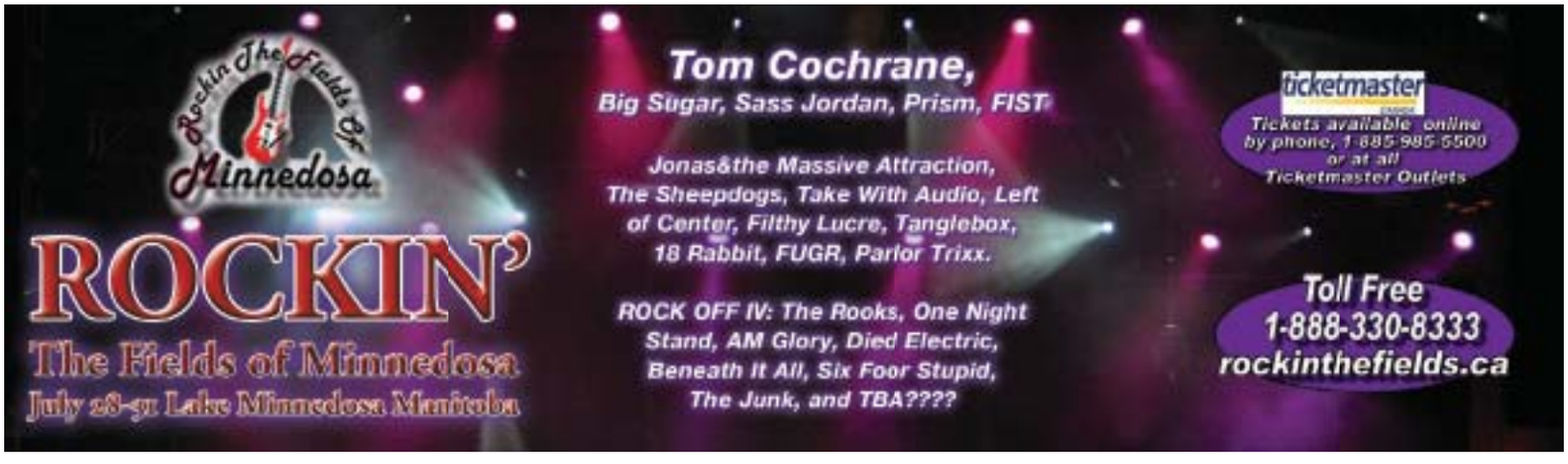
Big Sur a haven for writers, musicians, artists inspired by history, Henry Miller.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Dip into healthier snacking

Dunk your favourite fruit into these unique citrus, chocolate or orchard spice flavours

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This recipes takes just 25 minutes to make.

Maybe you need another idea for packing fibre and vitamins into your child's lunch. Or maybe you're looking for a way to convince yourself to eat more fruit. Either way, making a dip in which you can dunk your fruit can make it a little more enticing.

In constructing a healthful dip for fruit, the main problem lies in the base. You want something that doesn't pile on the fat, but still is interesting enough for dunking.

We opted to use low-fat cream cheese blended with non-fat Greek yogurt. The result is creamy and luscious and is a perfect base for flavourings.

Preparation:

1. In bowl of food processor, combine yogurt and cream cheese. Process until smooth. Divide among 3 bowls.
2. Chocolate dipper: In small bowl, mix cocoa powder, honey, milk, cinnamon until smooth. Add to one of the bowls of yogurt mixture and stir until smooth.
3. Citrus dipper: Stir zests, honey and orange juice into one of the remaining bowls of yogurt.
4. Orchard Spice dipper: Stir vanilla, butter rum extract, cinnamon, ginger, nutmeg, cloves and honey into the last bowl of yogurt mixture.
5. Serve dips with cut-up wedges of apples, pears, peaches and berries.

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Shopping List:

Base
- 500 ml (2 cups) non-fat plain Greek-style yogurt
- 250 ml (8 oz) low-fat cream cheese

Chocolate
- 50 ml (1/4 cup) unsweetened cocoa powder
- 30 ml (2 tbsp) honey
- Pinch cinnamon
- 30 ml (2 tbsp) fat-free milk

Citrus
- Zest of 1/2 lemon
- Zest of 1/2 orange
- 30 ml (2 tbsp) honey
- 30 ml (2 tbsp) orange juice

Orchard Spice
- 15 ml (1 tbsp) vanilla extract
- 5 ml (1 tsp) butter rum extract
- 2 ml (1/2 tsp) cinnamon
- 1 ml (1/4 tsp) dry ginger
- Pinch ground nutmeg
- Pinch ground cloves
- 30 ml (2 tbsp) honey

Drink of the week

Watermelon Lemonade

Feel free to add frozen fruits to this recipe for an even thicker slushy-like drink.

- 1 l (4 cups) ice
- 1 l (4 cups) watermelon chunks
- 75 ml (1/3 cup) lemon juice
- 30 ml (2 tbsp) honey
- Pinch salt

In a blender, combine ingredients and purée until smooth. You may need to stop blender and stir ingredients once to ensure everything blends evenly. Serve.

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A scholarship success story

STUDENT VOICE

ADAM STACEY
TALENTEGG.CA

SUBMITTED

▶ Adam Stacey graduated from high school with offers of more than $100,000 towards his education thanks to both his giving nature and his dedication to the scholarship-hunt.

Where Adam is now
I just finished my second year at the University of New Brunswick on the TD Canada Trust Scholarship. Next year I am transferring to Acadia University to finish my Honours in Psychology. I work as a teller for TD during my summers and I'm thinking about law school for the future.

Being involved in my community has always been an important aspect of my life. However, it wasn't until my final year of high school that I realized just how beneficial my involvement would be.

In my grade 12 year I began applying for post-secondary scholarships. I described my extracurricular and volunteer activities in my applications and, eventually I found success.

I graduated with total scholarship offers of more than $100,000. I was extremely proud to call myself a TD scholar, a National Millennium laureate, and a recipient of Nova Scotia's Premier's Power of Positive Change award.

What I learned

Key take-away from Adam's experience:

- Do your homework. Research scholarships to find ones that match your skills, accomplishments and interests. Check out StudentAwards.com and ScholarshipsCanada.ca to have scholarships matched to you.
- Apply to anything and everything you think you could win. Some scholarships are left unanswered in a given year because no one applied.

These awards brought two awesome benefits: 1) I would leave university debt-free and, 2) I had guaranteed summer employment for the next four years. (Along with the scholarship money, TD scholars are offered full-time summer employment with the company in between school years.)

Although I deeply appreciated the scholarship money, it was the offer of employment that proved most valuable.

My experiences thus far with TD's summer employment program have been exceptional. In my first summer, I had the opportunity to work at any TD Canada Trust branch in the country. Working as a teller, I learned the business from the ground up.

Second, third and forth summers are more flexible and can include working at TD's head office in Toronto, at one of TD's regional offices or at a non-profit organization.

After the four years, many of the scholars decide to stay on at TD, which speaks volumes about the company, the scholarship and the summer program.

Providing scholarship money to high school graduates for their post-secondary education is something companies have been doing for a long time. It's a nice way to give back to the community and amp up a corporate image.

Although any funding is appreciated by students, organizations are missing out if they aren't using their scholarship program as a means of recruitment.

Employers should realize that scholarship programs are an awesome way to give back to the community and build a pool of great potential employees.

My advice to students (high school, undergraduate or graduate!), is that you would be crazy not to apply for scholarships. There is so much untapped money out there.

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4 sports

Quoted

"I loved everything about the game and everything about the Red Wings. And that's why I'm going to miss it so much"
KRIS DRAPER, WHO OFFICIALLY RETIRED AS A RED WING YESTERDAY AFTER 20 NHL SEASON. HE HELPED THE WINGS WIN FOUR STANLEY CUPS IN HIS 17 SEASONS IN DETROIT.

"He was a role model for all of our young players and a leader in the locker-room."
WINGS GM KEN HOLLAND

Scan code for more sports.

ROSS KINNAIRD/GETTY IMAGES

▶ Olympic Stadium and the aquatics centre in London yesterday. The 2012 Olympics open July 27 and close Aug. 12.

Expectations at bay with Games a year away

Canadian athletic programs have modest goals for London compared to Vancouver ◐ Own the Podium considers top-12 finish a realistic target

A year out from the 2012 Olympic Games in London, Canada's summer athletes feel inspired by what their winter counterparts did at the 2010 Games in Vancouver and Whistler, B.C.

Wrestler Carol Huynh, who won gold in Beijing in 2008, followed the exploits of several winter athletes she knows personally.

"There were so many Canadian athletes who were successful there," Huynh says. "It was just an overall general great feeling for everybody.

"I was there for quite a bit of the Games. Just getting that feel, that energy in the air in Vancouver, that was just amazing. It kind of brought me back to what I experienced in Beijing."

The 2012 Olympics open July 27 and close Aug. 12.

Canada finished third in overall medals with 25 in Vancouver and Whistler, but set a Winter Games record with 14 gold.

The Summer Games goal for Own The Podium and the Canadian Olympic Committee isn't to win the overall medal count, which was the objective in 2010.

"The reality is, certainly at the Summer Games, we won't 'own the podium,'" says OTP chief executive officer Alex Baumann. "We won't be No. 1 ... but we want to move up the ladder."

Canada was 19th at the 2004 Summer Games in Athens and finished tied for 14th in Beijing four years later.

Canadians won 18 medals — three gold, nine silver, six bronze — in Beijing to tie its second-best performance at a non-boycotted Games. Canadian athletes also finished in fourth 10 times in Beijing.

Canada's performance in Vancouver reinforced that Own The Podium, established five years out from the 2010 Winter Games, had largely hit on a successful plan for winning medals. That strategy is the template for how Canadian high-performance sport now operates.

"I think what Vancouver gave us was we can actually be the best in the world," Baumann says. "That confidence can certainly be transferred over onto the summer side."

In London, Canada should have multiple medal threats in track and field, rowing, canoe/kayak, cycling, women's boxing and women's wrestling.

Results from world championships over the next few weeks will be a strong indicator of how Canada will perform in London.

"Our performance this year is critical," says Anne Merklinger, director of OTP's summer sports. "Our top sports, rowing, diving, wrestling, canoeing, trampoline, they need to be players, winning medals or nipping at the heels to win medals. Top-five finishes are critical for us at the major championships."

Canada ranked 15th in world championship medals won in 2010 with 18, according to OTP. China, Russia and the U.S. ranked first to third with 90, 87 and 75 respectively.

THE CANADIAN PRESS

Loonie counter

Own The Podium has doled out an average of $30 million over the last three years to summer sport federations with a high of $34.5 million for this crucial year before the London Games.

- That money goes to sports and individual athletes deemed to have medal potential in 2012, with consideration also given to what they can do in 2016.
- OTP's money comes from Sport Canada, the federal government arm that oversees sport.
- All in, the Canadian government spends between $165 million to $175 million a year on sport, OTP executive officer Alex Baumann estimates. By comparison, the Australian government will spend $1.2 billion on sport over the next four years.

Bombers in shock after death of coach Harris

Richard Harris, the Winnipeg Blue Bombers assistant head coach and defensive line coach, died yesterday afternoon after collapsing at Canad Inns Stadium. He was 63.

A league source requesting anonymity said Harris collapsed in his office and was rushed to hospital where he was pronounced dead. Harris was in his sixth season with the CFL club.

Bombers president Jim Bell confirmed Harris's death.

"This has struck our entire organization from the top down," he said in a statement. "We are all in a state of shock and first and foremost would like to express our deepest sympathies to his family.

"The Winnipeg Football Club has lost not only a great coach, but an even better man."

The statement did not comment on the cause of Harris's death.

Harris joined the Bombers in 2006 as their defensive line coach and was appointed assistant head coach prior to the start of this season.

Winnipeg's defence has played a major role in the club's resurgence this year. The Bombers (3-1) are tied with Montreal atop the East Division standings after posting a league-worst 4-14 record in 2010.

The club's defence is allowing a league-low 293 yards per game and is ranked second in fewest points allowed (19.2 per game).

Harris is survived by wife Tami and children Kimberly, Chianti, Jennifer and Michael.

THE CANADIAN PRESS

WINNIPEG BLUE BOMBERS

▶ Richard Harris

Body changes

Visually, the 200 has been treated to a mostly new front end, including a cleaner-looking grille and hood.

The front fenders contain a contemporary set of projector-style headlamps and fog lights with Light Emitting Diode (LED) accents. There are also new fenders and LED taillights in back.

These changes are quite typical of the updates that many vehicles go through at the mid-point of their production cycles.

Interior

All is well, or at least better, on the inside now that Chrysler's designers have tossed out many of the car's hard-plastic panels and trim pieces.

The centrepiece is an all-new soft-touch instrument panel along with a clearly classier steering wheel.

Additionally, the armrests have soft-touch coverings and the seats are now better bolstered and have improved coverings.

Engine

The 200 convertible shares the same engine/transmission choices as the sedan. A 173-horsepower 2.4-litre four-cylinder that originated from last year's Sebring is standard on the base 200 LX.

The real star of the show is the new 283-horsepower 3.6-litre "Pentastar" V6 that replaces the previous 186-horsepower 2.7-litre V6 and the 235-horsepower 3.5-litre V6.

▶ Although it still looks very much like the previous Sebring, the styling updates tend to smooth things out. New LED lighting is in vogue, too. The optional V6 is rated to provide similar fuel economy to the four-cylinder.

Soak up some affordable summer fun

MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

Some like it hot, and if you do, then a two-door car that turns into a convertible is likely a cool thing.

The good news is that you don't have to drop big coin for a rolling hair dryer. The even better news is that this year's crop of contenders is hot stuff. Just take a look at the 2011 Chrysler 200.

The car has risen Phoenix-like from the ashes of what was better known until recently as the Sebring.

And although the basic structure has been carried over, there have been a number of significant upgrades to improve the mid-size model's overall performance and create a more elegant appearance, both inside and out.

BASE PRICE: $31,500

The updating of the Sebring-cum-200 wasn't too long overdue since the current body style has only been around since the 2008 model year. But the adjustments and name change were deemed as vital to reinvigorating the Chrysler brand by the automaker's Fiat-based management that now runs the show.

The 200 convertible is 100 per cent about soaking up some relatively affordable summer fun for up to four passengers, heading to the beach or simply cruising in high style.

5 drive

By comparison

Ford Mustang
Base price: $33,000
Classic design with muscular V6 and V8. GT500 model really sizzles.

Mitsubishi Eclipse
Base price: $32,100
High-style ragtop has great looks, but I4 and optional V6 lack punch.

Audi A5 Cabriolet
Base price: $58,500
A premium ragtop with a perky turbo I4. S5 version's V6 puts out 333 hp.

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GM TAPS SILICON VALLEY TECH, AND CULTURE

AUTO PILOT

MIKE GOETZ
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California's Silicon Valley looks pretty much the way I pictured it.

A more-lush version of a typical industrial mall. A-type "types" bicycling madly during their lunch hours, on a network of bicycle lanes, their racing helmets barely containing their immense heads, which were actually glowing with activity.

A group of us auto scribes were in the area, to visit GM's Advanced Technology Silicon Valley Office (ATSVO), as part of a press preview for the new Buick LaCrosse eAssist (a new, mild hybrid).

GM set up the shop about five years ago, to be the automaker's "eyes and ears on the ground" in Silicon Valley.

It's a small place, with a small team — about 10 scientists and business managers with various backgrounds.

CONTRIBUTED

▶ Among other advancements, GM's Silicon Valley tech centre was responsible for developing the computer generation of personalized audio clues for consumer demographics and preferences in the Chevrolet Volt.

The man who heads up the team, Bryon Shaw, told us that the building reflects its mandate to forge relationships with its famous Silicon Valley neighbours, like Apple, Google, Cisco, Hewlett-Packard, NeuroSky, Nokia, SoundHound, MAD Maps, Digitario, and StratosAudio.

Those firms are not only known for their success, but also for their collaborative processes.

To grease the wheels of collaboration many adopt an interior design concept known as "caves and commons."

"Common areas are where you have teams of people working together, collaboratively, so everyone knows what is going on, and you don't have silos of information," said Shaw.

"This leads to faster development cycles, but sometimes you need to think… Common areas are noisy. Cave areas are where you can retract into and get your hard thinking done." (This reminds me of one of my favourite bumper stickers: "Ever stop to think and forget to start again.")

Big Silicon Valley firms also have many, many conference rooms, which are typically booked the entire workday.

"But when you peak in, you see only one person in that room, on the phone to a globally distributed team," noted Shaw.

"So we said how do make that work in a more space efficient way… That's why we have these 'phone booths', which are conference rooms for one person."

When ATSVO staff need to liaison with someone down the street, or across the globe, everything they need to get that done can be found in the blue booth — small desk, phone, internet connection, privacy, and good acoustics.

Not surprisingly, one focus of the team is incorporating connectivity and more electronic goodness into our vehicles.

Two of its more interesting advancements were developing Wi-Fi coverage to vehicle occupants while moving at highway speeds (not yet available in Canada), and personalized audio cues for the new Chevrolet Volt.

One concept the team is considering is a forward-looking camera on your vehicle, which can share "real time" images with your friends on Facebook.

Other than that, Shaw is not saying. Further access to his big brain requires special clearance we no got.

His lips are sealed.

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A rare and well-loved retro street rod

Model: 1997 to 2002 Plymouth Prowler Vehicle Type: Roadster

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

The Plymouth brand bit the dust some years ago — but it's departure from existence did leave one of the world's most interesting and rare sports cars in its wake.

The Plymouth Prowler was a two-seat, uber-retro street rod convertible sold in 1997, and 1999 through 2002. Unlike other Plymouth models, the Prowler was its own car — not a rebadged variant of some other Chrysler, Dodge or Eagle product.

Prowler launched with a manually-operated cloth-top roof, 214-horsepower V6 engine and rear-wheel drive. After a break from the market for 1998, Chrysler updated the 1999 model with a new 253-horsepower V6 engine. All models got a four-speed "AutoStick" automatic transmission.

Feature content included an Infinity CD changer audio system, air conditioning, cruise control, power accessories and leather seats.

An auto-dimming rearview mirror and leather-trimmed accents were also on board.

What Owners Like

- Exclusivity is the largest draw to the Prowler, according to most owners.
- Production was extremely limited, and few cars turn heads this well.
- Fun to drive handling, dynamics, relative performance and a relatively comfortable ride are also highly rated.

What they dislike

- Owner complaints include limited visibility, tight entry and exit with the roof up, road noise and limited practicality.
- Prowler also had very limited trunk space and limited width to accommodate wide-legged occupants.

1999 Plymouth Prowler

Check out Justin's video car reviews online at youtube.com/mr2pritch.

Common issues

- Given the Prowler's limited sales volume and relatively tiny online owner's community, reliability-related information is sparse. Some issues have surfaced with the factory stereo system, including hissing, static or blown speakers.
- Premature suspension wear may also be a concern — so be sure to listen for any popping or clunking sounds on a test-drive that could indicate a worn-out component.
- Check power windows for proper operation in both directions, be sure the air conditioner works properly, and note any damaged or missing interior trim panels.
- Prowler's driveline appears to be fairly solid and problem free, though the 3.5-litre engine did suffer from occasional sensor problems in other applications.

Verdict

Though information is limited, a used Plymouth Prowler appears to be a fairly reliable, albeit extremely rare, used sports car buy.

Shoppers set on owning a Prowler and able to locate a unit for sale are advised to make an appointment with a nearby Chrysler dealership for an inspection.

A well-maintained unit with full service records that's familiar to a Chrysler dealership is the safest bet.

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AUTO SERVICE DIRECTORY

Tire technology revolution continues its evolution

They are your vehicle's only connection to the road and are more technologically advanced than ever before, yet most of the time your tires are the last thing you think about. As the technology in tires rapidly advances, so do consumers' options to choose the right tires to meet their vehicle's needs.

To maximize your vehicle's performance consider the following:

Consider cost

You paid a lot for the technological advancements designed into your vehicle, from traction control to stability control or a sport suspension, but your tires are the only things translating those benefits to the road — if they aren't up to the task, you won't get the full benefit from your overall investment.

Know your size

Check the tire sidewalls and write down the numbers you find, especially your existing tire size. There are times when a vehicle manufacturer requires different sizes for the front and rear axles, so be sure to check your vehicle owner's manual.

Know what you want

Do you want the quiet comfort of a luxury all-season tire? Or is it high performance, long tread mileage, or increased fuel economy? Thanks to technological advances, today's tires can give vehicles an extra edge in many areas.

What's on inside?

Today's tires feature many specialized compounds and high-tech construction techniques that give them performance attributes.

Examples include unique materials such as volcanic ash for icy conditions, and reinforcements such as carbon fibre and Kevlar, which can give sidewalls extra toughness, or dampen sounds and vibrations.

The newest generation of technological innovations is also helping create tires that can save money at the fuel pump.

Some fuel-efficient solutions can potentially save drivers more than 4,000 kilometres worth of gas over the life of four tires.

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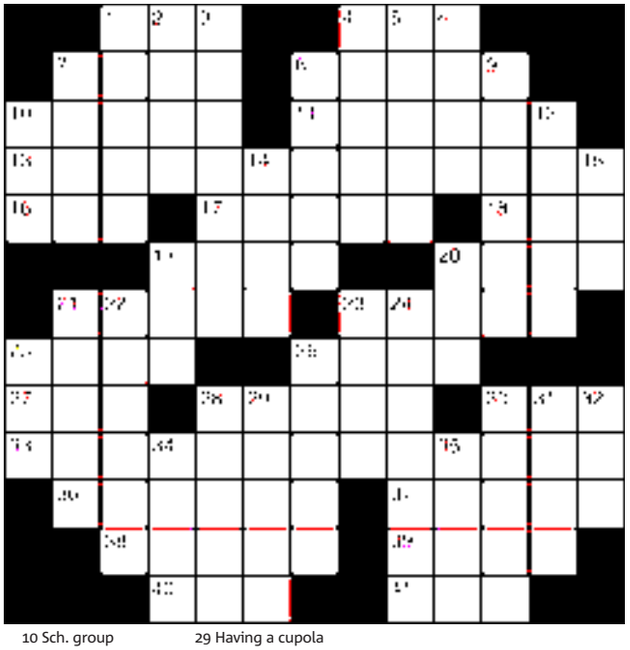

Across

1 "Weird Al" Yankovic song composed solely of palindromes
4 Airport org.
7 Comical Carvey
8 Finnish bath
10 Nip
11 Root vegetable
13 Glimpse
16 Franken and Gore
17 Necessities
18 Victory
19 Long cut
20 Carry on
21 Explosion
23 Baby kangaroos
25 Fedora feature
26 Praise to the skies
27 Really long time
28 Adjust
30 Tikkanen of hockey
33 Horripilated
36 "Heavens!"
37 Crook's pseudonym
38 Near-quart
39 Welshman or Scot
40 Slight amount
41 Crucial

Down

1 Model Tyra
2 Formerly
3 Nassau's island group
4 Challenge mockingly
5 Irrational numbers
6 Heche or Hathaway
7 Rotary phone part
8 Hide
9 Pilot's route
10 Sch. group
12 Aspirin targets
14 Sudden rush of wind
15 Potent stick
19 Group of whales
20 Scarlet
21 Meditate gloomily
22 Window frame part
23 Scoff
24 Rural area of Australia
25 Plead
26 Surgery tool
28 Heart line?
29 Having a cupola
30 Poet Dickinson
31 Lovers' quarrel
32 Fool
34 Walking pace
35 Beekeeper played by Peter Fonda

▶ Yesterday's answer

Sudoku

			4		5			
	3						9	
4	7	9				2	8	5
		7	3		6	4		
1								3
		6	2		9	5		
2	1	5				9	7	8
	6						5	
			9		2			

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Tyler, I want you to know that your chai tea latte making skills are rivaled by no other. I hope one day you will acknowledge my honks of appreciation. Have a wonderful day blondie barista!! **CHAI TEA LOVERR**

The Name Giver, I want u to wake me up every morning with a different 1 wispered in my ear...I will only turn around and wake up if u call me each day with a new name for a princess :) I love u. C U soon... in about 60 years! Thanks my LOVER and you KISS. **PRINCESS**

Yes I do, I only do to you. & I'll wait another century to say this to you, next time with a KISS that will never take us apart and a hug that will keep u warm n safe forver. Our days will be positive and nights will be magical...smile! **YOUR BLUE GIRL**

A look at the weather

TODAY	THURSDAY	FRIDAY
Min 16° Max 24°	Min 17° Max 27°	Min 18° Max 29°

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 People won't like your latest big idea – not because the idea is no good but because they are jealous.

♉ Taurus April 21-May 21 You could easily fall out with a friend over something that is quite trivial.

♊ Gemini May 22-June 21 Tie up any and all loose ends and get ready for the good things that will soon be coming your way.

♋ Cancer June 22-July 22 Do what feels right and if it upsets others, well that's their problem. Be a rebel, and be proud of it.

♌ Leo July 23-Aug.23 You are not the sort to hold back if something needs to be said. And sometimes, you must expect a backlash.

♍ Virgo Aug. 24- Sept. 22 Believe in yourself and what you are. Your future success depends on it.

♎ Libra Sept. 23-Oct. 23 If you don't like the way certain things are being done, you must speak up. You can't shirk responsibility.

♏ Scorpio Oct. 24-Nov. 22 Use your powers of persuasion (no, not twisting arms!) to get other people to do the hard stuff for you today.

♐ Sagittarius Nov. 23-Dec. 21 Make it your aim today to paint a more accurate picture of yourself in the eyes of the world.

♑ Capricorn Dec. 22-Jan. 20 The cosmic picture urges you to be truthful. Say what comes to mind.

♒ Aquarius Jan. 21-Feb. 18 Get out and about and meet as many new people as you possibly can. Smile at strangers and chat.

♓ Pisces Feb. 19-March 20. You aren't afraid to change your opinions in the light of new info. Keep that in mind. SALLY BROMPTON

Caption contest

GERO BRELOER/THE ASSOCIATED PRESS

PETR DAVID JOSEK/ THE ASSOCIATED PRESS

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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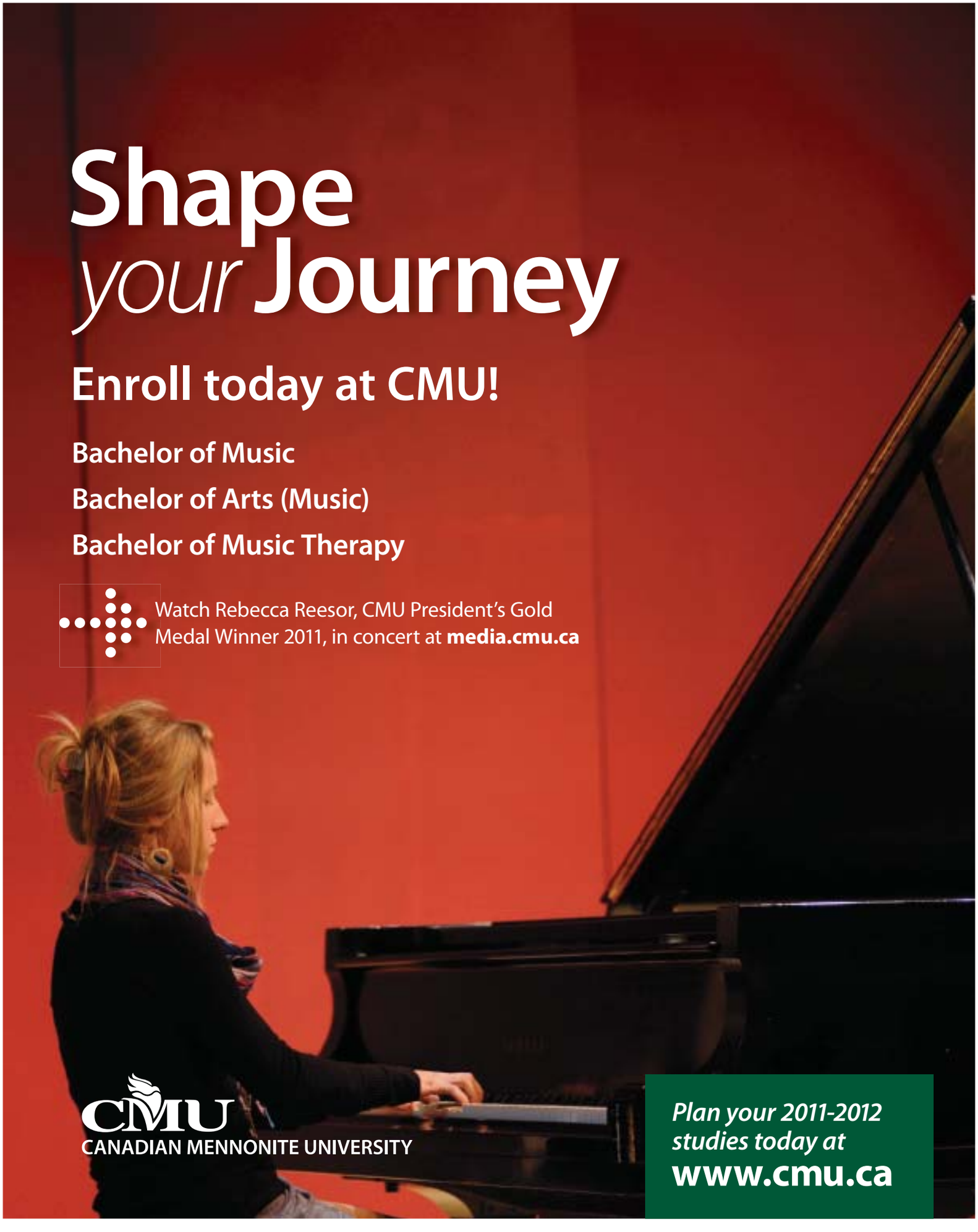
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